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Build The Perfect Bug Out Bag: Your 72-Hour Disaster Survival Kit



Synopsis

Be Ready When Disaster Strikes! If an unexpected emergency or disaster hits, are you prepared to leave your home--fast? You will be if you follow the advice in this book. This book shows you how to create a self-contained disaster preparedness kit to help you survive your journey from ground zero to a safer location. Survival expert Creek Stewart details from start to finish everything you need to gather for 72 hours of independent survival--water, food, protection, shelter, survival tools, and so much more. You'll find: A complete Bug Out Bag checklist that tells you exactly what to pack based on your survival skill level Photos and explanations of every item you need in your bag Resource lists to help you find and purchase gear Practice exercises that teach you how to use almost everything in your bag Demonstrations for multi-use items that save pack space and weight Specific gear recommendations for common disasters The book even includes special considerations for bugging out with children, the elderly, the physically disabled, and even pets. A disaster could strike your home at any moment. Are you prepared to face the devastating aftermath? Protect yourself and your family by building a Bug Out Bag today!

Book Information

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Customer Reviews

How to Get the Most Out of B.O.B. "Build the Perfect Bug Out Bag: Your 72-Hour Disaster Survival Kit" by Creek Stewart is a well-thought-out book that is clearly formatted and illustrated to help convey the information within. The format of this book reminds me of another excellent book titled "Build the Perfect Survival Kit" by John McCann, that I also highly recommend. This book is excellent for the novice and experienced Prepper, as well as the conventional camper and

survivalist. This book provides an excellent blueprint for compiling components for a Bug Out Bag (BOB), as well as selecting the perfect BOB to carry all the discussed gear and components. The gear discussed in this book covers everything from field camping tools (pocket tools, ax, shovels, etc.), hygienic items, various environmental clothing, lightweight shelters (tarps, etc.), field bedding (sleeping bags, hammocks, etc.), water purification, rations and ignition systems for fire making. All the equipment discussed in this book predominantly focuses on the items being lightweight and provide multiple use items, which is a common theme when selecting items for survival situation. Additionally, this book provides a host of inset text boxes providing valuable survival tips, in addition to the information instructing you how to develop your own BOB. This book also had a few interesting chapters that stood out to me that I think are worth mentioning. Chapter 13 covers information on protection and self-defense, with some discussion of the self-defense mentality.

"Build the Perfect Bug Out Bag" is a great resource for anyone interested in assembling their first "Bug Out Bag" (BOB) or for those that want to explore additional ideas for an existing BOB. A BOB is a portable emergency kit that contains everything required to keep you alive for at least 72-hours and should be customized for the owner's specific needs. The author, Creek Stewart, is clearly an expert in the survival field and has written this practical and comprehensive guide to ensure that you are prepared if an emergency forces you to leave your house.

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